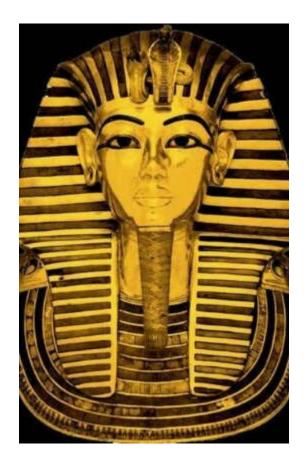
# AKOM



TWUM YEBOAH EMMANUEL

## **DEDICATION**

All the pages of this drama are dedicated to the sons of Africa, and my future generations.

## **ACKNOWLEDGEMENT**

I am grateful to Onyame for giving me life, understanding and wisdom.

## TWUM YEBOAH EMMANUEL



# AKOM AKAN SPIRITUALITY



#### PREFACE

In this volume I have attempted to give an account of the whole history of the Akans and their origination, the meaning of the names given to their days of the week and the more important of the issues and crisis they have went through. Akom is sacred and which should have been practiced and observed but its omitted from the daily life of the Akan person but few people hold up unto it in some part of west Africa and the Caribbean lands. There are historical references to this lost history of the Akans, the story as they appear in this book have not been reduced in size or altered in any manner and this research is the result of mine own original research and that no part of it has been presented in any book.

Attention is called to the many stories found in the chapters of the book of Genesis written by Moses in regard to the creation of the universe and of man and woman. It should be kept in mind that, every ethnic group or tribe has its own narration on the creation story and therefore, others should give ears to others stories on creation. The Akan creation story has been spoken orally from generations to generations that has been preserved by their ancestors. This Akom book give many interesting events and lost history of the Akan people.

May, 2018

## **AKOM**



In the beginning, Onyame (Amen/Kwame) and Onyamewaa (Amenet/Asaase Yaa) created the sky and the land. They created love and hate, beginning and end, life and death, glory and shame, day and night, peace and war, water and thirst, food and hunger, rains and drought, cold and hot and all things that has opposite reaction. They became creators and used eight days to create all creations, from Sunday to Sunday. They are spirit and all things were created by them through air. The days of the week were KWASIADA, ADWODA, BENADA, WUKUDA, YAWODA, FIADA, MENEMEDA and KWASIADA. Everyday has its own creation story.



## KWASIADA (SUNDAY) BEGINNING DAY

The first day of the Akan week is Kwasiada, Onyame and Onyamewaa created the sky and the land. They used life to create all things. Onyame created the sky and the land, he made angels with light, life, speed, knowledge, wings and authority. He created uncountable angels like the sea sand. Land as first element.



## ADWOADA (MONDAY) CALMDAY

Onyame and Onyamewaa created the earth and the other planets. They created the sea, all water bodies, the sun, the moon, the stars, air and wind. The second day of the Akan week is Adwoada. Water and air as second and third elements. Onyame created the sun and Onyamewaa also created the moon and the stars.



## ABENADA (TUESDAY) HOTDAY

Abenada is the third day of the Akan week, they created fire and heat. Fire as the fourth element of the earth.





## WUKUDA (WEDNESDAY) WISDOM DAY

They created plants, trees and the ancient wisdom spider (Anaase). they divided the plants and trees into good and bad species.



## YAWODA (THURSDAY) MOTHER EARTHDAY

After the creation of the earth by Onyamewaa, she took time on the YAWODA to make the earth a comfortable place for all living things. She brought beauty and peace upon the earth. She created all the animals and gifted the south land with natural minerals. Onyamewaa descended from the heavens and became the land of the south (mother Earth).



## FIADA (FRIDAY) ORIGINATE DAY

After the end of the creation, they taught of people who will be the guardians of their creations. Onyame and Onyamewaa begot a life in their own image. Onyamewaa begot a life called Obaa (wombman) and through the wombman, Obarima (man) was born too. Onyame gave them soul, spirit, mind, body and a breath of life. They were born on the same day but different social responsibilities and physical looks which will be from the beginning to the ending of life.



## MENEMEDA (SATURDAY) AMEN DAY

They blessed this day and gave total life to all creations. They were happy that, they have created other creations to the angels. Menemeda became a covenant between all creations and the creators, they rested and worship for them was to be observed on this day whiles all creations rest on this day too.



## KWASIADA (SUNDAY) ENDING DAY

After completing their creations, they created a different kind of man and wombman in the north land. They gave them also the breath of life and spirit. Their behavior and character was little bit like Obaa and Obarima. They placed them in the northland as watchers. Onyame and Onyamewaa named them as Adam and Lilith and they were given wings like the angels.

After some million years, there was a misunderstanding between Adam and Lilith, Lilith left Adam and built a city called land of Nod at the North East. A falling angel called Samael and Lilith stay together in the land of Nod. They begat many children. Onyame and Onyamewaa realized that Adam was alone and made him felt asleep. They propagated Eve out from his rib and they also begat many children.



### ADAM AND EVE GENERATION

Adam and Eve gave birth to two males; Cain and Abel. Cain was a planter and Abel was a shepherd. One day, Cain hated his brother and put him to death and Abel went to the underworld (Asamando). Cain became frighten and ran to the land of Nod for protection. Cain married women of the land of Nod and begot with them.

Because of their sinful deeds, there were no sunny days in the land of Nod (North East). They hated the Sun and started worshipping the Moon because of it appearance in every night. The Sun was nyame and hated sin. They worshipped the Moon every day and night, so their skins turned to be like the brightness of the Moon. The people of Nod hated love and found pleasure in evil.



#### OBAA AND OBARIMA GENERATION

Obaa and Obarima became the watchers of the earth. In the ancient days, they use to give birth to twins and their children were; Ama and Kwame, Akosua and kwasi, Adwoa and kwadwo, Abena and Kwabena, Akua and Kweku, Yaa and Yaw, Afia and Kofi. Their children grew up and became youths and every Menemeda (Saturday) they were taught how to pray (apaye) to Onyame and Onyamewaa through air, spirit and truth.

The children started to learn agriculture, healing and medication, blacksmith, spirituality, religion, education, security, mathematics, construction and architecture, astrology, science, music, arts and many knowledge they could seek and find to start civilization. Onyame and Onyamewaa gave them the laws of morals (MAAT). Their generation multiplied and became a great nation.



#### **TRIBULATION**

Thousand years later, a gentleman called Enoch, son of Cain, flew from the land of Nod and settled among the dwellers of the land because, he wanted to retrovert to the creators of the world (Onyame and Onyamewaa) because the people of Nod were worshipping creations and he wanted to worship the creators of the universe. Enoch was called albino (Ofrihin - where does he come from) because of his skin color like the inhabitants of the land of Nod. Hundred years later, the dwellers of the land rejected the creators and were called knower of truth and evil (onim papa/onipa).

Years later, the settlers of the Nod flew from the North and ruled the inhabitants of the land, they begot sons and daughters with their womb men and their children became Nephilims. Inhabitants of the land were enslaved and sent to the land of Lemurai for slavery for thousand years. They prayed to Onyame and Onyamewaa for forgiveness and they were forgiven and delivered from the slavery. Onyame and Onyamewaa flooded the Lemurai land and took the knower of truth back to the land and the inhabitants of Nod flew back to their land with their broken wings.



### BIBIMAN (MELANIN NATION)

An old man called Noah led the people of the land out from the Lemurai flood. They multiplied ten times of their number and started another civilization with nations like Miziriam (Egypt), Put (Libya), Canaan, Kush (Ethiopia) and Babel. Most of the nations became powerful and politics, religion, wealth, and race became their way of waging war, keeping the poor hungry and dividing the people with different ideas.



#### **AKAN**

Canaanite were the settlers of the land Canaan, they called the creators Asherah and Elohim. Million years later, a man called Esau, who was a Hebrew came to married Canaanite women. He slept with Eser and begot Bilhan, Saawan and Akan. Akan also begot Aduana, Asakyir, Asona, Agona, Asene, Bretuo, Ekona and Oyoko. Thousands years later, children of Israel came to conquer the Canaanite as the creators promised their ancestors about a promised land. Most of Canaanites went to exile and started a journey to seek for a land. The Akans settled at Miziriam for a while, moved to the Ghana Empire, stayed during the Mali Empire and later moved when the Songhai Empire was collapsing. They moved southwards to Takyiman, Bono and Gyaman. The Akans multiplied in number and strength, the Denkyira, Akwamu and the Akyem rose as the three superpowers kingdoms in the Akans land. Hundreds years later, Asante, Akuapim, Assin, Fante, Bono, Kwahu, Wassa, Sefwi, Nzema, Twifo, Adanse an Gyaman also rose as powerful states and kingdoms. Akwamu overthrew the Denkyira, the Akyem overthrew the Akwamu, Asante overthrew the Akyem.

Akom is the Akan spirituality way of communicating with the creator. This spiritual way of life has been practiced from generations to generations before the arrival of the Europeans religious groups which were injected into the various Akan communities. This is the story of the Akan presentation on the creation story from their behalf and other researches i did to make it a whole. The story start from their Gods(Onyame and Onyamewaa) to the creation of mankind and his existence to balance nature and fulfill the duties as the rightful owner of the universe which was given to them by their God.

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